



FINAL INFORMATION

The 43rd Vikingedyst

Thursday 4 July, Friday 5 July and Saturday 6 July 2019

**Competition centre.
meeting place & showers**

Jels School, Krygersvej 2, Jels, where you find the competition centre with changing facilities, showers, accommodation. The competition centre will open Thursday from 16:00.

How to get there

Thursday: Signage leading to Arrild Feriecenter at the Hønning crossroads on Road 175 between Toftlund and Skærbæk.

Friday: Signage from road 24 between Gram and Ribe at Enderupskov. **NOTE – change from previous info:** Parking will be along Mølbyvej – approach from Enderupskov.

Saturday: Signage from road 24 between Gram and Ribe at Enderupskov. Parking and assembly area in a field in the forest.

Distances

Thursday: not far between assembly area, parking and start.

Friday: Parking to assembly 100-500 m – 50 m to start from the assembly area.

Saturday: Parking at the assembly area – 150 m to start from the assembly area.

Toilets

Portable toilets at the assembly area. There are also toilets and showers at Jels School.

Map and terrain

Thursday: Arrild Ferieby
1:4000 – freshly drawn 2019, virgin terrain.
Summer cottage area, camping grounds, parklike land. The map follows the sprint norm, but there are many areas with forest and scattered vegetation and some undergrowth. **Ordinary orienteering kit recommended – including footwear. Beginner and easy courses are only on paths, though.**

Friday: Stensbæk Nord
1:10000 – 3 and 4 km difficult 1:7500. updated 2019.

A large part is inland dunes with many brushwood dikes. Some new MTB trails are not included in the map.

Saturday: Brogård Plantage

1:10000 – 3 and 4 km difficult 1:7500. Freshly drawn 2019, virgin terrain. Mainly coniferous forest, the eastern part is somewhat hilly. A good deal of brushwood dikes and other dikes, and a large gravel pit.

First start

Thursday 18:00, Friday 14:00 and Saturday 10:00

Start times

Put'n'run on all courses. See posted lists of competitors at Jels School, at the starts, and on the Vikingedyst webpage [here](#). from Wednesday July 3.

Start procedure

All courses have “put'n'run”. H/D -10, H/D 11-12 and Beginners receive the map 2 mins. before the start.

Start

Thursday from 18:00-19:00

Friday 14:00-15:30

Saturday 10:00-11:30

We use SI cards. Rental cards are handed out at the start. The runner keeps the card until after the race on Sunday. Malfunctioning control: punch on the control description on your map.

Control descriptions

IOF-symbols. printed on the map. Loose-leaf control descriptions available at start on all days.

Classes and course lengths

H = men D = women	Thursday 4 July Arrild Ferieby		Friday 5 July Stensbæk Nord		Saturday 6 July Brogård Plant.	
Class	Dist.	Contr.	Dist.	Controls	Dist.	Contr.
H-10	2.0	15	2.7	13	2.4	14
H 11-12	2.4	15	3.2	15	2.9	13
H13-16	3.2	17	4.1	18	4.1	15
H17-20	3.9	14	6.2	21	6.0	23
H21	4.8	23	7.2	24	7.0	27
H21K			5.1	23	4.9	18
H35	3.9	14	7.2	24	7.0	27
H40			6.2	21	6.0	23
H45	3.5	15	5.1	23	4.9	18
H50			5.1	23	4.9	18
H55	3.0	16	5.1	23	4.9	18
H60			4.2	17	4.2	16
H65	2.5	13	4.2	17	4.2	16
H70			4.2	17	4.2	16
H75	2.0	12	3.2	13	2.8	12
H80			3.2	13	2.8	12
D-10	2.0	15	2.7	13	2.4	14
D11-12	2.4	15	3.2	15	2.9	13
D13-16	3.2	17	4.1	18	4.1	15
D17-20	3.5	15	5.1	23	4.9	18
D21	3.9	14	6.2	21	6.0	23
D35	3.5	15	5.1	23	4.9	18
D40			5.1	23	4.9	18
D45	3.0	16	4.2	17	4.2	16
D50			4.2	17	4.2	16
D55	2.6	10	4.2	17	4.2	16
D60			3.2	12	2.8	12
D65	2.0	13	3.2	12	2.8	12
D70			3.2	12	2.8	12
D75	2.0	12	3.2	12	2.8	12
Beg.	2.0	15	2.7	13	2.4	14
D/H 17-	3.2	17	4.1	18	4.1	15

Extra clothes at start	Will not be transported back to the assembly area.
Refreshments	There are drinking water stations on ALL difficult courses, and water and sports drink at the finish.
Further information	MTB trails: On both days, runners will pass MTB trails. We have informed the mountain bikers about our competition and they have promised to stay away. But there may be some who did not get the message!
Max. time	The max time is two hours thirty minutes.
Non-finishers	All competitors who did not finish must report to the finish and have their SI card registered.
The finish	<p>“Shadows” must not cross the finish line. REMEMBER to hand in the rental card when finishing on Sunday. There is a non-return charge of DKK 400.</p> <p>You get split time print outs on all days.</p> <p>Backup: If the control fails to register a punch, punch manually in the old-fashioned way on the control descriptions on the map.</p>
Disqualification and protest	Runners who feel they were disqualified unfairly must take it up with the timing staff. Disqualified runners’ print outs will be posted so that you can check your controls before contacting the timing staff.
The referee	Will be available in the assembly area.
Results	<p>In the assembly area and on the OK HTF website.</p> <p>Results Saturday will also be posted at Jels School.</p>
Prizes	<p>Prize giving on Saturday in the assembly area at approx. 12:30</p> <p>Prizes go to first, second and third in junior classes (when more than 5 in a class). Prizes to winners of all other classes.</p> <p>Prizes to runners who finished 6th, 12th, 18th etc. in combined result for Friday and Saturday. Prizes for placings must be collected IN PERSON, or the prize goes to the next placing who is present at the prize giving Saturday.</p> <p>Furthermore, there are 2 challenge trophies</p> <ul style="list-style-type: none"> · Senior classes: Hand-crafted Viking axe · Junior classes: Hand-crafted Viking sword. <p>They go to the best club results (points) for Saturday and Sunday.</p> <p>The top 3 juniors and the top 4 seniors count.</p> <p>There is another challenge trophy, a hand-crafted Viking helmet, to the club with most participants.</p>

Open courses A limited number for sale at the timing van next to the finish. Fees on both days: M/W -20 20 D.kr.; M/W 21+ 110 D.kr.
SI card rental 20 D.kr.

Kiosk In the assembly area with a big selection of goodies.

Barbecue We fire up the barbecue at Jels School on Friday evening. Friendly self-service.

FIRE HAZARD SMOKING AND THE USE OF OPEN FIRE IN THE ASSEMBLY AREAS IS STRICTLY FORBIDDEN AND MAY LEAD TO EXPULSION FROM THE AREA

Officials

Function	Name	Club
Organiser	Jørn F. Andersen	OK-HTF
Event adviser	Kaj Ove Rasmussen	OK-HTF
Planner Thursday	Ove Brix Therkildsen	OK-HTF
Controller Thursday	Lars Klogborg	OK-HTF
Planner Friday	Keld Rasmussen	OK-HTF
Controller Friday	Mona Rasmussen	
Planner Saturday	Mads E. Juhl	
Controller Saturday	Jens Peder Jensen	OK-HTF
Referee	Bent Petersen	OK-HTF

Organiser The organiser (Jønne) will be available at mob. 22 84 86 63 during the entire Vikingedyst

WE LOOK FORWARD TO SEEING YOU AND HOPE THAT YOU WILL HAVE A GOOD TIME.