

Resultater – DM Nat 2022

2022-03-19

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| H12 | (3 / 3) | Tid | Efter | Tidstab |
| 1. Esben Johan Obel | OK Pan | 16:31 | | 00:00 |
| 2. Vilhelm Rokkjær Andreasen | OK Pan | 17:01 | +0:30 | 00:00 |
| 3. Emil Lindahl | OK Melfar | 18:30 | +1:59 | 01:55 |
| H14 | (5 / 5) | Tid | Efter | Tidstab |
| 1. Anders Sigvardt | Odense OK | 31:59 | | 04:36 |
| 2. Lukas Bergmann Verhelst | Horsens OK | 32:00 | +0:01 | 05:20 |
| 3. Emil Borup Fredberg | Silkeborg OK | 34:02 | +2:03 | 06:07 |
| 4. Eskild Stig Nielsen | Horsens OK | 49:45 | +17:46 | 05:25 |
| Magnus Mølgaard Nielsen | Odense OK | Fejlklip | | |
| H16 | (8 / 8) | Tid | Efter | Tidstab |
| 1. Erik Grønberg Nielsen | Allerød OK | 37:40 | | 00:39 |
| 2. Asbjørn Faber Fenger-Grøn | Silkeborg OK | 40:01 | +2:21 | 00:00 |
| 3. Niels Elton Jokumsen | FIF Hillerød | 41:55 | +4:15 | 02:31 |
| 4. Axel Örnhagen Jørgensen | OK Snab | 42:46 | +5:06 | 01:30 |
| 5. Johannes Marager | Allerød OK | 43:04 | +5:24 | 03:14 |
| 6. Mads Christian Maarup | Allerød OK | 43:39 | +5:59 | 03:21 |
| 7. Rasmus Edvardsen | OK Snab | 49:29 | +11:49 | 04:29 |
| 8. Magnus Lindahl | OK Melfar | 52:53 | +15:13 | 05:21 |
| H18 | (6 / 6) | Tid | Efter | Tidstab |
| 1. Casper Staehelin Blakskjær | OK Pan | 48:07 | | 00:47 |
| 2. Niels Dalgaard | Kolding OK | 48:12 | +0:05 | 01:24 |
| 3. Jonas Ellegård Kokholm | Horsens OK | 1:02:38 | +14:31 | 07:54 |
| 4. Magnus Fannar Madsen | OK Melfar | 1:14:18 | +26:11 | 10:19 |
| Tobias Biering | Silkeborg OK | Ej startet | | |
| Tobias Olloz | Tisvilde Hegn OK | Ej startet | | |
| H20 | (8 / 8) | Tid | Efter | Tidstab |
| 1. Jonas Damm Als | OK Pan | 52:42 | | 00:00 |
| 2. Asbjørn Kaltoft | OK Pan | 53:46 | +1:04 | 02:43 |
| 3. Hans Grønberg Nielsen | Allerød OK | 55:42 | +3:00 | 02:22 |
| 4. Oscar David Broman Jensen | Allerød OK | 56:05 | +3:23 | 02:16 |
| 5. Jacob Klærke Mikkelsen | Horsens OK | 58:17 | +5:35 | 02:17 |
| 6. Mathias Buchgreitz | Søllerød OK | 58:31 | +5:49 | 03:49 |
| 7. Felix Isaksen | OK Snab | 1:07:40 | +14:58 | 09:13 |
| 8. Lukas Kjær Hemmingsen | FIF Hillerød | 1:18:08 | +25:26 | 06:40 |
| H75 | (14 / 14) | Tid | Efter | Tidstab |
| 1. Max Hansen | OK Djurs | 31:00 | | 01:00 |
| 2. Keld Rasmussen | OK H.T.F. | 32:34 | +1:34 | 00:58 |
| 3. Poul Bobach | AOK | 32:52 | +1:52 | 00:40 |
| 4. Flemming Nørgaard | OK Pan | 35:06 | +4:06 | 02:48 |
| 5. Karsten Richardt | Køge OK | 36:11 | +5:11 | 03:26 |
| 6. Niels Landsperg | Tisvilde Hegn OK | 38:46 | +7:46 | 07:52 |
| 7. Ole Hoffmann | OK FROS | 41:07 | +10:07 | 03:18 |

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| 8. | Ole Svendsen | OK Roskilde | 41:47 | +10:47 | 03:51 |
| 9. | Louis A. Sørensen | OK Esbjerg | 45:38 | +14:38 | 03:18 |
| 10. | Karl Kristian Terkelsen | OK GORM | 47:03 | +16:03 | 10:20 |
| 11. | Mogens Jørgensen | Søllerød OK | 59:46 | +28:46 | 14:32 |
| 12. | Finn Hørup Nielsen | OK Vendelboerne | 1:06:29 | +35:29 | 22:20 |
| 13. | Per F. Henriksen | OK H.T.F. | 1:10:22 | +39:22 | 17:43 |
| | Klaus Olsen | Tisvilde Hegn OK | Ej startet | | |

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| D12 | | (8 / 8) | Tid | Efter | Tidstab |
| 1. | Emma Lundsgaard | AMOK | 19:53 | | 00:45 |
| 2. | Kristine Skouboe | Horsens OK | 20:38 | +0:45 | 00:00 |
| 3. | Kille Beuchert Jensen | OK Pan | 21:00 | +1:07 | 01:32 |
| 4. | Astrid Lykke Nielsen | Horsens OK | 25:25 | +5:32 | 05:36 |
| 5. | Dagmar Marager | Allerød OK | 26:13 | +6:20 | 03:07 |
| 6. | Alma Palmfeldt | OK Pan | 45:42 | +25:49 | 05:06 |
| | Frida Palmfeldt | OK Pan | Ej startet | | |
| | Mai Nicholson | OK Pan | Ej startet | | |

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| D14 | | (3 / 3) | Tid | Efter | Tidstab |
| 1. | Astrid Faber Fenger-Grøn | Silkeborg OK | 32:44 | | 02:42 |
| 2. | Ragnhild Øhlenschläger Nielsen | Silkeborg OK | 38:46 | +6:02 | 07:10 |
| 3. | Amalie Broman | Allerød OK | 51:07 | +18:23 | 09:16 |

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| D16 | | (8 / 8) | Tid | Efter | Tidstab |
| 1. | Frida Kärner Grooss | Allerød OK | 33:42 | | 01:43 |
| 2. | Augusta Thorsen | Farum OK | 35:42 | +2:00 | 02:02 |
| 3. | Laura Kaldahl Hornbæk | OK Pan | 39:04 | +5:22 | 03:58 |
| 4. | Kamma Aglund Andersen | OK ØST Birkerød | 40:17 | +6:35 | 06:37 |
| 5. | Sigrid Øhlenschläger Nielsen | Silkeborg OK | 45:15 | +11:33 | 06:29 |
| 6. | Ingrid Due Nygaard | Søllerød OK | 46:39 | +12:57 | 07:06 |
| 7. | Ella Reker Hadrup | Søllerød OK | 1:01:25 | +27:43 | 21:40 |
| | Teresa Søndergaard Pohl | OK Roskilde | Ej startet | | |

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| D18 | | (6 / 6) | Tid | Efter | Tidstab |
| 1. | Marie Møller Nielsen | OK Pan | 48:30 | | 06:01 |
| 2. | Hedda Kärner Grooss | Allerød OK | 49:35 | +1:05 | 00:58 |
| 3. | Amalie Ertmann | Allerød OK | 49:37 | +1:07 | 07:36 |
| 4. | Laura Bobach | RSOK | 55:31 | +7:01 | 09:31 |
| 5. | Theresa Skouboe | Horsens OK | 1:00:36 | +12:06 | 14:46 |
| | Emilie Skov Dalgaard | OK Pan | Ej startet | | |

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| D40 | | (2 / 2) | Tid | Efter | Tidstab |
| 1. | Mette Marie Lungholt | Odense OK | 55:11 | | 00:00 |
| 2. | Pernille Andersen | Viking Atletik | 1:49:30 | +54:19 | 29:56 |

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| D70 | | (6 / 6) | Tid | Efter | Tidstab |
| 1. | Inge Jørgensen | OK Roskilde | 44:49 | | 07:06 |
| 2. | Ann Dorrit Hansen | OK Djurs | 45:11 | +0:22 | 04:15 |
| 3. | Gerda Marie Christiansen | Køge OK | 51:13 | +6:24 | 12:03 |
| 4. | Inger Marie Haahr | OK H.T.F. | 52:46 | +7:57 | 05:56 |
| | Elizabeth Borchorst | RSOK | Ej startet | | |
| | Janet Bentzen | OK ØST Birkerød | Ej startet | | |

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| D20 | (3 / 3) | Tid | Efter | Tidstab |
| 1. Eva Örnhagen Jørgensen | OK Snab | 47:15 | | 00:54 |
| 2. Ella Hedegaard Richardson | OK Pan | 54:20 | +7:05 | 03:32 |
| 3. Elanor Henriksen | Horsens OK | 1:01:10 | +13:55 | 07:05 |
| D21 | (7 / 7) | Tid | Efter | Tidstab |
| 1. Mathilde Smedegaard Madsen | Søllerød OK | 52:06 | | 01:18 |
| 2. Annika Simonsen | FIF Hillerød | 52:11 | +0:05 | 03:12 |
| 3. Miri Thrane Ødum | OK Øst | 52:22 | +0:16 | 03:07 |
| 4. Iben Valery | Tisvilde Hegn OK | 55:14 | +3:08 | 00:00 |
| 5. Caroline Gjøtterup | Faaborg OK | 1:02:48 | +10:42 | 12:33 |
| Agnes Nørgård Kracht | Tisvilde Hegn OK | Ej startet | | |
| Lotte Jauhojärvi Markussen | OK Pan | Ej startet | | |
| D35 | (1 / 1) | Tid | Efter | Tidstab |
| 1. Henriette Baun Gautier | OK Sorø | 48:10 | | 00:00 |
| D50 | (6 / 6) | Tid | Efter | Tidstab |
| 1. Rikke Holm | Horsens OK | 34:41 | | 01:38 |
| 2. Ulrika Örnhagen Jørgensen | OK Snab | 39:19 | +4:38 | 05:08 |
| 3. Jeanette Finderup | OK Pan | 43:35 | +8:54 | 03:44 |
| 4. Bodil Karlsrose Kliem | Farum OK | 43:38 | +8:57 | 05:55 |
| 5. Irene K. Mikkelsen | Horsens OK | 56:40 | +21:59 | 12:45 |
| 6. Lone Fyhn Olesen | Odense OK | 1:00:25 | +25:44 | 21:30 |
| D60 | (8 / 8) | Tid | Efter | Tidstab |
| 1. Lena Wraa | Tisvilde Hegn OK | 28:08 | | 00:00 |
| 2. Dorthe Hansen | Silkeborg OK | 29:56 | +1:48 | 00:43 |
| 3. Birgitte Birck | Allerød OK | 33:43 | +5:35 | 01:23 |
| 4. Kate Nielsen | OK Snab | 38:56 | +10:48 | 04:55 |
| 5. Gitte Isen | Herning OK | 39:41 | +11:33 | 03:15 |
| 6. Birgitte Erskov Halland | OK ØST Birkerød | 39:53 | +11:45 | 05:57 |
| 7. Annette Bonde | Ballerup OK | 39:57 | +11:49 | 07:04 |
| 8. Pia Hejlskov Mogensen | Mariager Fjord OK | 48:27 | +20:19 | 16:10 |
| D65 | (7 / 7) | Tid | Efter | Tidstab |
| 1. Hanne Birke | Kolding OK | 34:32 | | 02:29 |
| 2. Grethe Anæus | Viborg OK | 38:24 | +3:52 | 02:52 |
| 3. Hanne Ljungberg | OK Syd | 44:03 | +9:31 | 04:59 |
| 4. Tove Straarup | Horsens OK | 46:42 | +12:10 | 08:06 |
| 5. Pia Gade | Viborg OK | 47:58 | +13:26 | 07:42 |
| 6. Annette Færing | Svendborg OK | 59:46 | +25:14 | 06:37 |
| Britt Hermanrud | Silkeborg OK | Ej startet | | |
| H21 | (28 / 28) | Tid | Efter | Tidstab |
| 1. Jacob Steinthal | FIF Hillerød | 1:07:14 | | 01:57 |
| 2. Rasmus Møller Jess | OK Roskilde | 1:07:31 | +0:17 | 02:33 |
| 3. Søren Thrane Ødum | OK ØST Birkerød | 1:07:57 | +0:43 | 02:49 |
| 4. Laurits Bidstrup Møller | Silkeborg OK | 1:10:56 | +3:42 | 00:42 |
| 5. Rasmus Djurhuus | OK Pan | 1:11:15 | +4:01 | 03:24 |
| 6. Mads Møller Skaug | OK Pan | 1:11:53 | +4:39 | 04:21 |
| 7. Rico Hejlskov Mogensen | Silkeborg OK | 1:14:21 | +7:07 | 06:51 |
| 8. Mikkel Sørensen | OK Melfar | 1:14:38 | +7:24 | 01:56 |

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| 9. | Emil Øbro | Tisvilde Hegn OK | 1:14:43 | +7:29 | 05:06 |
| 10. | Tue Lassen | Silkeborg OK | 1:15:11 | +7:57 | 00:00 |
| 11. | Jeppe Edvardsen | OK Snab | 1:15:35 | +8:21 | 01:36 |
| 12. | Elias Hinge Krogsgaard | Silkeborg OK | 1:15:46 | +8:32 | 05:45 |
| 13. | Lasse Falck Weber | Tisvilde Hegn OK | 1:16:59 | +9:45 | 01:58 |
| 14. | Giacomo Schmidt Frattari | OK Pan | 1:17:21 | +10:07 | 02:34 |
| 15. | Mads Kruse Juhl | Herning OK | 1:17:43 | +10:29 | 04:58 |
| 16. | Henrik Rindom Knudsen | OK Melfar | 1:19:13 | +11:59 | 05:50 |
| 17. | Niklas Ingwersen | Horsens OK | 1:21:14 | +14:00 | 03:20 |
| 18. | Tobias Karlsmose Svarer | OK Pan | 1:21:51 | +14:37 | 05:58 |
| 19. | Oscar Sig Tranberg | OK Pan | 1:23:31 | +16:17 | 04:30 |
| 20. | Mátyás Péntek | Horsens OK | 1:25:47 | +18:33 | 06:43 |
| 21. | Mikkel Holm Nielsen | OK Pan | 1:37:40 | +30:26 | 00:00 |
| 22. | Thomas Emil Jensen | Horsens OK | 1:40:05 | +32:51 | 05:51 |
| 23. | Márton Péntek | Horsens OK | 1:55:43 | +48:29 | 04:07 |
| 24. | Mads Ellegaard Juhl | OK H.T.F. | 2:06:24 | +59:10 | 09:04 |
| | Jakob Ekhard Edsen | Aarhus 1900 Orientering | Ej startet | | |
| | Jonas Falck Weber | Tisvilde Hegn OK | Ej startet | | |
| | Malte Kjær Hemmingsen | FIF Hillerød | Ej startet | | |
| | Simon Thrane Hansen | Søllerød OK | Ej startet | | |

| H40 | (4 / 4) | Tid | Efter | Tidstab |
|------------|------------------------|------------|--------------|----------------|
| 1. | Bjarke Refslund | OK Pan | 57:41 | 00:58 |
| 2. | Asger Habekost Nielsen | Allerød OK | 1:02:07 | +4:26 05:19 |
| 3. | Søren Jensen | Farum OK | 1:03:18 | +5:37 04:03 |
| 4. | Peter Wihan | Fyns PI | 1:09:58 | +12:17 04:01 |

| H50 | (24 / 24) | Tid | Efter | Tidstab |
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| 1. | Jesper David Jensen | Tisvilde Hegn OK | 48:23 | 02:40 |
| 2. | Jens Liengård | OK Snab | 51:13 | +2:50 02:29 |
| 3. | Kim Rokkjær | OK Pan | 56:33 | +8:10 02:34 |
| 4. | Allan Thesbjerg | Horsens OK | 57:43 | +9:20 01:51 |
| 5. | Ebbe Møller Nielsen | OK Pan | 59:24 | +11:01 10:15 |
| 6. | Claus Cederberg | Ballerup OK | 59:35 | +11:12 01:30 |
| 7. | Thomas Fredberg | Silkeborg OK | 59:51 | +11:28 05:30 |
| 8. | Jakob Q Christensen | Odense OK | 1:02:05 | +13:42 04:35 |
| 9. | Mads Mikkelsen | Horsens OK | 1:03:16 | +14:53 07:31 |
| 10. | Anders Marager | Allerød OK | 1:03:34 | +15:11 06:19 |
| 11. | Morten Mølgaard Nielsen | Odense OK | 1:03:46 | +15:23 06:25 |
| 12. | Michael Ertmann | Allerød OK | 1:10:25 | +22:02 09:56 |
| 13. | Morten Ploug | Ballerup OK | 1:11:10 | +22:47 09:15 |
| 14. | Jakob Søndergaard Jensen | OK Roskilde | 1:17:21 | +28:58 10:42 |
| 15. | Rudolf Sørensen | OK Esbjerg | 1:19:01 | +30:38 10:23 |
| 16. | John Bargmeyer | OK Syd | 1:27:05 | +38:42 18:40 |
| 17. | Thomas Herbert Kokholm | Horsens OK | 1:29:22 | +40:59 26:15 |
| 18. | Martin Vaabengaard | OK Roskilde | 1:31:30 | +43:07 20:34 |
| | Bjarne Johannsen | OK Syd | Fejlklipt | |
| | John Kristensen | OK Snab | Fejlklipt | |
| | Jesper Fenger-Grøn | OK Snab | Ej startet | |
| | Thomas Esmark | Svendborg OK | Ej startet | |
| | Thomas Greve Jensen | Tisvilde Hegn OK | Ej startet | |
| | Ulrik Staugaard | FIF Hillerød | Ej startet | |

| H60 | (18 / 18) | Tid | Efter | Tidstab |
|------------------------|-------------------|------------|--------------|----------------|
| 1. Jan Møller | AOK | 42:43 | | 00:57 |
| 2. Pablo Jensen | Farum OK | 44:32 | +1:49 | 01:33 |
| 3. Erik Bobach | Silkeborg OK | 46:04 | +3:21 | 04:23 |
| 4. Kent Lodberg | OK Pan | 46:35 | +3:52 | 01:15 |
| 5. Jess Rasmussen | Viborg OK | 46:51 | +4:08 | 03:14 |
| 6. Michael Fischer | AOK | 49:56 | +7:13 | 06:59 |
| 7. Henrik Nielsen | Holbæk OK | 58:55 | +16:12 | 07:35 |
| 8. Per Dahl Jensen | OK Pan | 1:00:36 | +17:53 | 08:56 |
| 9. Søren Maarup | Allerød OK | 1:02:11 | +19:28 | 08:32 |
| 10. Morten Christensen | OK West | 1:04:40 | +21:57 | 07:58 |
| 11. Steen Stausholm | Farum OK | 1:04:43 | +22:00 | 15:43 |
| 12. Karsten Jøhnk | OK Syd | 1:05:56 | +23:13 | 09:18 |
| 13. Frank Krog Jensen | Horsens OK | 1:07:41 | +24:58 | 12:46 |
| 14. Bo Konring | Søllerød OK | 1:16:27 | +33:44 | 04:56 |
| 15. Hans Erik Larsen | Faaborg OK | 1:27:40 | +44:57 | 11:23 |
| Ole Jensen | Mariager Fjord OK | Fejlklip | | |
| Henrik Albahn | Lyngby OK | Ej startet | | |
| Søren Sloth | FIF Hillerød | Ej startet | | |

| H70 | (26 / 26) | Tid | Efter | Tidstab |
|-----------------------------|-------------------|------------|--------------|----------------|
| 1. Leif E. Larsen | Tisvilde Hegn OK | 33:35 | | 02:19 |
| 2. Poul Erik Buch | OK GORM | 39:43 | +6:08 | 03:30 |
| 3. Hans Christian Strib | OK GORM | 42:14 | +8:39 | 02:02 |
| 4. Niels Rabølle | Odense OK | 42:27 | +8:52 | 04:27 |
| 5. Knud Fjordvald | Silkeborg OK | 42:57 | +9:22 | 00:28 |
| 6. Peer Straarup | Horsens OK | 46:13 | +12:38 | 05:48 |
| 7. Peter Wraa | Tisvilde Hegn OK | 46:18 | +12:43 | 03:22 |
| 8. Hans Aage Hvalsøe Hansen | Fyns PI | 47:07 | +13:32 | 00:58 |
| 9. Carl Malling | Randers OK | 48:21 | +14:46 | 05:06 |
| 10. Rolf Duedahl Nielsen | OK Djurs | 48:44 | +15:09 | 10:24 |
| 11. Flemming D. Andersen | OK GORM | 50:14 | +16:39 | 03:31 |
| 12. Gunnar Grue-Sørensen | Køge OK | 50:53 | +17:18 | 12:13 |
| 13. Erik Sørensen | Allerød OK | 50:56 | +17:21 | 07:22 |
| 14. Janne Brunstedt | OK Roskilde | 51:26 | +17:51 | 08:43 |
| 15. Frode Mogensen | Mariager Fjord OK | 52:07 | +18:32 | 03:12 |
| 16. Kai Beck-Andersen | Farum OK | 54:24 | +20:49 | 04:57 |
| 17. Torben Isen | Herning OK | 57:12 | +23:37 | 07:33 |
| 18. Kristian Toustrup | OK Syd | 58:05 | +24:30 | 06:54 |
| 19. Leif Skovgaard Knudsen | Faaborg OK | 58:14 | +24:39 | 10:13 |
| 20. John Tripax | OK Roskilde | 58:18 | +24:43 | 11:35 |
| 21. Niels Møller Petersen | OK FROS | 1:06:05 | +32:30 | 12:37 |
| 22. Niels Hamborg Jensen | OK Skærmø Værløse | 1:07:42 | +34:07 | 20:48 |
| 23. Lars-Ole Kopp Jensen | Karup OK | 1:10:55 | +37:20 | 09:27 |
| Børge Pedersen | Odense OK | Fejlklip | | |
| Sven Madsen | OK FROS | Fejlklip | | |
| Bjarne Christensen | Silkeborg OK | Ej startet | | |

| H80 | (6 / 6) | Tid | Efter | Tidstab |
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| 1. Jack Skrydstrup | Kolding OK | 36:39 | | 00:29 |
| 2. Knud Sørensen | OK Pan | 44:49 | +8:10 | 03:18 |

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| 3. | Olav Odgaard | Odense OK | 1:01:41 | +25:02 | 12:13 |
| 4. | Palle Møller Nielsen | Odense OK | 1:03:32 | +26:53 | 16:56 |
| 5. | Asger Kristensen | Herning OK | 1:04:36 | +27:57 | 10:30 |
| | Kaj Ove Rasmussen | OK H.T.F. | Fejlklip | | |

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| D45 | | (6 / 6) | Tid | Efter | Tidstab |
| 1. | Pernille Buch | OK GORM | 40:22 | | 02:37 |
| 2. | Merete Nørgaard | Allerød OK | 41:57 | +1:35 | 05:21 |
| 3. | Henriette Broman | Allerød OK | 53:01 | +12:39 | 04:21 |
| 4. | Angélique Grønborg Rasmussen | Allerød OK | 1:11:37 | +31:15 | 20:34 |
| | Sine Reker Hadrup | Søllerød OK | Fejlklip | | |
| | Nina Hoffmann | OK Sorø | Ej startet | | |

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| D55 | | (8 / 8) | Tid | Efter | Tidstab |
| 1. | Anne Maarup | Allerød OK | 35:55 | | 01:11 |
| 2. | Marianne Lynge Krogh | Kolding OK | 39:50 | +3:55 | 05:28 |
| 3. | Susanne Højholt | Kolding OK | 43:59 | +8:04 | 07:52 |
| 4. | Maria Douglas | FIF Hillerød | 44:39 | +8:44 | 03:56 |
| 5. | Susanne Maarup | Allerød OK | 44:58 | +9:03 | 07:11 |
| 6. | Hanne Fogh | FSK Orientering | 45:08 | +9:13 | 11:02 |
| 7. | Lene Stick Nielsen | Viborg OK | 1:00:26 | +24:31 | 11:42 |
| | Kirsten Møller | Søllerød OK | Fejlklip | | |

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| D80 | | (2 / 2) | Tid | Efter | Tidstab |
| 1. | Betty Hansen | OK H.T.F. | 1:21:57 | | 12:34 |
| | Annelise Hansen | FIF Hillerød | Fejlklip | | |

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| H35 | | (4 / 4) | Tid | Efter | Tidstab |
| 1. | André Didier Gautier | OK Sorø | 1:11:10 | | 01:47 |
| 2. | Peter D. Frandsen | Kolding OK | 1:29:32 | +18:22 | 11:02 |
| | Allan Reiche | OK Vendelboerne | Fejlklip | | |
| | Sune Dupont | Aarhus 1900 Orientering | Ej startet | | |

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| H45 | | (9 / 9) | Tid | Efter | Tidstab |
| 1. | Morten Fenger-Grøn | Silkeborg OK | 54:15 | | 00:40 |
| 2. | Anders Dalgaard | Kolding OK | 57:24 | +3:09 | 02:05 |
| 3. | Nicolai Wind | Kolding OK | 1:03:15 | +9:00 | 02:21 |
| 4. | Lasse Skare Therkildsen | OK H.T.F. | 1:03:40 | +9:25 | 07:31 |
| 5. | Niels-Peter Vest Nielsen | Allerød OK | 1:11:20 | +17:05 | 05:48 |
| 6. | Jes Holme Barkler | Svendborg OK | 1:29:10 | +34:55 | 15:37 |
| 7. | Esben Blicher | OK Melfar | 1:30:29 | +36:14 | 11:29 |
| | Jesper Madsen | OK Melfar | Udgået | | |
| | Troels Nielsen | Horsens OK | Ej startet | | |

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| H55 | | (13 / 13) | Tid | Efter | Tidstab |
| 1. | Jan Eg Pedersen | OK ØST Birkerød | 42:27 | | 00:58 |
| 2. | Tim Falck Weber | Tisvilde Hegn OK | 44:43 | +2:16 | 02:03 |
| 3. | Flemming Jørgensen | OK Snab | 45:49 | +3:22 | 01:45 |
| 4. | Kent Kragh | Horsens OK | 47:59 | +5:32 | 03:11 |
| 5. | Carsten Lind | OK FROS | 1:01:09 | +18:42 | 05:55 |
| 6. | Niels Jensen | OK Esbjerg | 1:02:34 | +20:07 | 07:25 |
| 7. | Thorkild Jensen | Randers OK | 1:02:55 | +20:28 | 13:16 |
| 8. | Eric Lauridsen | OK West | 1:04:48 | +22:21 | 07:27 |
| 9. | Per Eg Pedersen | Kolding OK | 1:06:00 | +23:33 | 03:23 |

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| 10. | Kurt Thorøe | OK Esbjerg | 1:14:56 | +32:29 | 10:14 |
| | Lars Eeg Højholt | Kolding OK | Fejlkli | | |
| | Henrik Markvardsen | Tisvilde Hegn OK | Ej startet | | |
| | Jens Knud Maarup | Allerød OK | Ej startet | | |

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| H65 | | (7 / 7) | Tid | Efter | Tidstab |
| 1. | Torkil Hansen | PI-København | 47:31 | | 01:59 |
| 2. | Keld Gade | Viborg OK | 48:47 | +1:16 | 02:44 |
| 3. | Steffen Alm | Nordvest OK | 51:07 | +3:36 | 04:07 |
| 4. | Per Storm Hansen | Svendborg OK | 52:04 | +4:33 | 06:24 |
| 5. | Bent Aakjær | Odense OK | 1:05:19 | +17:48 | 05:17 |
| 6. | Finn Petersen | OK Roskilde | 1:12:47 | +25:16 | 09:28 |
| 7. | Gregers Jørgensen | Ballerup OK | 1:21:47 | +34:16 | 22:26 |

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| H85 | | (3 / 3) | Tid | Efter | Tidstab |
| 1. | Bendt Frandsen | Farum OK | 1:13:49 | | 32:41 |
| 2. | Keld B. Nielsen | OK H.T.F. | 1:19:55 | +6:06 | 31:47 |
| | Torsten Boe Larsen | Odense OK | Fejlkli | | |

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| Åben2 | | (1 / 1) | Tid | Efter | Tidstab |
| 1. | Rebeka Vincze | Horsens OK | 2:15:01 | | 00:00 |

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| Åben3 | | (2 / 2) | Tid | Efter | Tidstab |
| 1. | Allan Shouboe | Horsens OK | 1:32:38 | | 00:46 |
| 2. | Peter Skov Nielsen | OK Snab | 2:02:29 | +29:51 | 07:48 |

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| Åben4 | | (1 / 1) | Tid | Efter | Tidstab |
| 1. | Peter Sigvardt | Odense | 2:05:19 | | 00:00 |